

CLASS AQUATICS LAST CHANCE JAG QUALIFIER - June 12/13, 2010

Entries	All entries must be received by the meet processor no later than 5:00 p.m. Wednesday, June 2, 2010. If the meet fills prior to the deadline, entries will be rejected. Last received -- first rejected
Starting Times	Morning Session - 9:00 AM Afternoon Session - Will not start before 12:00 PM
Sanctioned by	Southern California Swimming Sanction # 10-159
Location	Oxnard High School , 3400 W. Gonzales Rd, Oxnard, CA 93036
	Exit US-101 at Victoria Ave, Go south on Victoria Ave., Turn left on W. Gonzales Rd, School ahead on right. Pool is located at the back of the school adjacent to football field. Park in marked spaces only.
Course	50 meter x 25 yard pool with 7 Competition lanes and 1 warm-up/warm-down lane available. Glass containers and food not allowed on pool deck. Competition course has been certified in accordance with 104.22.2 (C). Pool depth at the starting end is 7-13ft, at the turning end 3.5 ft.
Meet Referee	The meet referee shall be in charge of the meet. Any questions regarding meet conduct should be made directly to this person.
Warm-up	USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a current 2010 USA Swimming member coach. There will be NO DIVING into the pool except in designated sprint lane(s). Warm-up rules will be announced and posted by the meet referee.
Rules	USA Swimming rules will govern. Current SCS meet procedures will be used and take precedence over any errors or omissions in this form. Swimmers may swim a maximum of four (4) events per day. To compete in OPEN events, a swimmer must be at least 11 years old and must meet the stated minimum time standard. Class will limit entries to meet the "4 Hour" rule for each session.
Eligibility	Open to Coastal Committee, or outside the LSC, athletes who are 2010 USA Swimming registered. NO ON-DECK ENTRIES. Registration application must be received by the Monday prior to the first day of the meet by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.
Change of Affiliation	Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only UNATTACH (not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.
Submitted/Qualifying Times	Times submitted must be best recorded LONG COURSE or short course times from this or preceding swim season, (no practice or estimated times). All non-conforming times will be seeded last. NT (no time) will be accepted for White Division ONLY. Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2010 Swim Guide for exceptions). Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. As a reminder: No updated times will be accepted after the meet entry deadline.
Swimwear	Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.
Entry Fee	\$3.25 for each INDIVIDUAL EVENT, plus \$7.50 SURCHARGE per swimmer must accompany each individual entry card. NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY. You should enclose a SASE to confirm receipt of your entry. Entries will be rejected if a check does not accompany the entry card. Please put your swimmer's name and SCS number on check. MAKE CHECKS PAYABLE TO: SOUTHERN CALIFORNIA SWIMMING
Electronic Entry Procedure	E-mail entry (entry.zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of coach and will be dated as "official" at the time received. Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be returned to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded. E-mail address for electronic entries: dearmas1@gmail.com
Awards	Awards will be given out in 2 divisions per event. The divisions will be based on the number of swimmers entered in each event with the fastest 50% of the entries competing in the GOLD division and the remaining swimmers in the SILVER division. Top 6 finishers in each division will receive an award. If there are fewer than 6 swimmers in an event, there will only be one division.
Entry Deadline	No late entries will be accepted. No certified, registered or special delivery mail will be accepted. Please use a business size envelope. Do not fold "white" entry card. For further meet Information call: Alina de Armas at (805) 522-4134 or email to: dearmas1@gmail.com. Receipt of entry will not be verified by phone. MAIL TO: Alina de Armas • PO Box 63 • Simi Valley, CA 93062 HAND DELIVERY ADDRESS: 2724 N. Loraine Place • Simi Valley, CA 93065

Notice: This meet may be covered by the media, including photographs, video, web cast of athletes participating in the meet. Entry into the meet is acknowledgement and consent.

CLASS AQUATICS LAST CHANCE QUALIFIER

SATURDAY, JUNE 12, 2010

Morning Session - 9:00 AM Warm-up - 7:30 AM

GIRLS	AGE			BOYS
1	2:57.70	11-12	200 Freestyle	2:58.40 2
3	3:02.70	5-10	200 Freestyle	3:02.40 4
5		11-12	100 Breaststroke	6
7	2:02.40	5-10	100 Breaststroke	2:03.10 8
9		11-12	50 Butterfly	10
11		5-10	50 Butterfly	12
13		5-8	50 Butterfly	14
15		11-12	50 Freestyle	16
17		5-10	50 Freestyle	18
19		5-8	50 Freestyle	20
21		11-12	100 Backstroke	22
23	1:50.31	5-10	100 Backstroke	1:50.51 24
Break as determined by Referee				
25	6:55.10	13-14	400 Ind. Medley**	6:33.00 26
25	6:37.70	15-UP	400 Ind. Medley**	6:12.80 26
25	6:31.20	OPEN	400 Ind. Medley**	6:32.30 26

SUNDAY, JUNE 13, 2010

Morning Session - 9:00 AM Warm-up - 7:30 AM

GIRLS	AGE			BOYS
39	3:25.00	11-12	200 Ind. Medley	3:25.30 40
41	3:49.30	5-10	200 Ind. Medley	3:50.40 42
43		5-8	100 Freestyle	44
45		11-12	100 Freestyle	46
47		5-10	100 Freestyle	48
49		5-8	50 Breaststroke	50
51		11-12	50 Breaststroke	52
53		5-10	50 Breaststroke	54
55		11-12	50 Backstroke	56
57		5-10	50 Backstroke	58
59		5-8	50 Backstroke	60
61	1:35.30	11-12	100 Butterfly	1:36.10 62
63	1:49.71	5-10	100 Butterfly	1:49.81 64
Break as determined by Referee				
65	5:55.80	13-14	400 Freestyle**	5:44.30 66
65	5:52.80	15-UP	400 Freestyle**	5:31.30 66
65	5:47.30	OPEN	400 Freestyle**	5:46.60 66

****5-8 Swimmers may enter either 5-8 or 5-10 events, but not both in ANY combination.****

Afternoon Session - Will not start before 12:00 PM

Warm-up - 45 minutes prior to start of session

27		13-14	200 Freestyle	28
27		15-UP	200 Freestyle	28
29		13-14	200 Breaststroke	30
29		15-UP	200 Breaststroke	30
29	3:31.00	OPEN	200 Breaststroke	3:31.20 30
31		13-14	100 Backstroke	32
31		15-UP	100 Backstroke	32
33		13-14	100 Butterfly	34
33		15-UP	100 Butterfly	34
35		13-14	50 Freestyle	36
35		15-UP	50 Freestyle	36
Break as determined by Referee				
37	12:31.70	13-14	800 Freestyle**	12:01.30 38
37	12:06.20	15-UP	800 Freestyle**	11:38.00 38
37	11:44.20	OPEN	800 Freestyle**	11:43.70 38

Afternoon Session - Will not start before 12:00 PM

Warm-up - 45 minutes prior to start of session

67		13-14	200 Ind. Medley	68
67		15-UP	200 Ind. Medley	68
69		13-14	100 Freestyle	70
69		15-UP	100 Freestyle	70
71		13-14	200 Butterfly	72
71		15-UP	200 Butterfly	72
71	3:05.70	OPEN	200 Butterfly	3:07.20 72
73		13-14	100 Breaststroke	74
73		15-UP	100 Breaststroke	74
75		13-14	200 Backstroke	76
75		15-UP	200 Backstroke	76
75	3:09.20	OPEN	200 Backstroke	3:11.80 76
Break as determined by Referee				
77	22:11.60	OPEN	1500 Freestyle**	22:10.90 78

ENTRIES WILL BE LIMITED TO MEET THE FOUR (4) HOUR RULE

**THE 400 Ind. Medley, 400, 800 & 1500 Freestyle WILL BE SWUM FASTEST TO SLOWEST ALTERNATING GIRLS AND BOYS

Swimmers in the 400 IM, 400 Free, 800 Free & 1500 Free must provide a timer for at least 3 heats.

Swimmers entering OPEN events must be at least 11 years old and have achieved the minimum time listed.

13-14 and 15-UP events will be swum combined, but awarded separately. OPEN events will not be awarded.