

SOCAL AQUATICS ASSOCIATION SHORT COURSE "BRW" AGE GROUP SWIM MEET

Sanctioned by: Southern California Swimming
Sanction Number: 09-198
Sponsored by: SOCAL Aquatics Association
Orange Committee

DATE OF MEET: November 7 & 8, 2009
ENTRIES DUE: **October 26, 2009 (Monday)**

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: AZOT, DA, FAST, GWSC, LBST, ORCA, SCAT, SOCAL, SPLA, SWFS
The **PM Session begins no earlier than 12:00 PM or 45 minutes after the conclusion of AM Session.**

- POOL:** TUSTIN HIGH SCHOOL, Located at 1171 EL CAMINO REAL, TUSTIN, CA. From the North: Take I-5 Freeway South and exit on Newport Blvd. Turn LEFT under freeway. Go to first light and turn RIGHT on El Camino Real. Pool and parking lot are on the LEFT approx. 1½ blocks. From the South: Take I-5 Freeway North and exit on Redhill Avenue. Turn RIGHT and go to first light. Turn LEFT on El Camino Real. Pool and parking lot are on the RIGHT approx. 1½ blocks.
- COURSE:** TUSTIN HIGH SCHOOL pool is an outdoor 25 yard pool with up to TEN (10) swimming lanes and a warm-up area. This competition course has been certified in accordance with 104.2.2 (C).
- SPECIAL NOTICE:** Swimmers may swim a maximum of FOUR events per day. **SOCAL will limit entries to meet the "4 Hour" rule for each session. 8 & Under swimmers may enter All 8 & under or All 10 & Under events but not a combination.** Timers must be provided by each team. Swimmers in the 1650 yard Freestyle and 400 yard IM must provide timers for three heats. You must provide your own lap counters. The 400 IM and 1650 Yard Freestyle will be swum fastest to slowest, alternating girls and boys. Relays will be swum time permitting. Only 11 & Older swimmers who meet the minimum stated time standard may enter OPEN events.
- WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**
- MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.
- RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2009 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. **THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION.** After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH.** Swimmers must swim in their actual Age Group as determined by their age on **November 7, 2009** Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.
- CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. **A swimmer may not attach at the meet.**
- ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2009 or 2010 USA Swimming members. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Registration application must be **received by Monday prior to first day of meet** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in the SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.
- SUBMITTED TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). Non conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
- QUALIFYING TIMES:** Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at "NT". (See 2009 Swim Guide for exceptions).
- AWARDS:** INDIVIDUAL EVENTS: "Blue, Red, White" Divisions: RIBBONS 1st through 8th
RELAYS RIBBONS 1st through 3rd
The following age groups will be awarded: 5/6, 7/8, 10 & Under, 11/12, 13/14 and 15 & Up, OPEN events will not be awarded
- ENTRY FEE:** **\$2.75 for each INDIVIDUAL EVENT, plus \$5.00 SURCHARGE per swimmer must accompany each individual entry.** E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted by the due day if SPACE IS AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
- ENTRIES CLOSE:** Entry forms bearing a postmark LATER THAN 12:00 MIDNIGHT on the due date of entry form WILL BE REJECTED. Space permitting, entries will be accepted if hand delivered to the address below up to 8:00 PM on Wednesday, October 28, 2009. NOTICE: Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	JULSONLL@AOL.COM
And MAIL TO:	Lynda Julson
(Include Swimmer's name and SCS Number)	25552 Loganberry Lane
	Lake Forest, CA 92630

For further meet information call: Shannon Valenti at 714-318-4525 or email vincefv@cox.net Receipt of entry will not be verified by phone or email.

SOCAL AQUATICS ASSOCIATION SHORT COURSE "BRW" AGE GROUP SWIM MEET

Date of Meet: November 7 & 8, 2009

Entries Due: October 26, 2009, Monday

Times submitted must be Best Recorded Times short course or long course. All non conforming times will be seeded last.

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

SOCAL WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

SECOND SESSION WILL BEGIN NO SOONER THAN 12:00PM OR 45 MINUTES AFTER THE CONCLUSION OF THE FIRST SESSION

Only 11 & Older swimmers who meet the stated time standard may enter OPEN events.

This is an Orange Committee Tri Meet the following teams may enter: AZOT, DA, FAST, GWSC, LBST, ORCA, SCAT, SOCAL, SPLA, SWFS

Girls Saturday, November 7, 2009 9:00am Boys

No.	Division	Age	Event	Age	No.
1	BRW	8 & Under	100 Yard Individual Medley	8 & Under	2
3	BRW	10 & Under	200 Yard Individual Medley	10 & Under	4
5	BRW	8 & Under	25 Yard Backstroke	8 & Under	6
7	BRW	10 & Under	50 Yard Backstroke	10 & Under	8
9	BRW	8 & Under	100 Yard Freestyle	8 & Under	10
11	BRW	10 & Under	100 Yard Freestyle	10 & Under	12
13	BRW	8 & Under	50 Yard Butterfly	8 & Under	14
15	BRW	10 & Under	50 Yard Butterfly	10 & Under	16
17	BRW	8 & Under	25 Yard Freestyle	8 & Under	18
19	BRW	10 & Under	50 Yard Breaststroke	10 & Under	20
21	BRW	8 & Under	50 Yard Breaststroke	8 & Under	22
23	Coach	10 & Under	200 Yard Freestyle Relay	10 & Under	24
25	Entered	8 & Under	100 Yard Freestyle Relay	8 & Under	26

PM Session will begin no sooner than 12:00 pm or 45 minutes after the conclusion of the AM Session

27	BRW	11/12	200 Yard Freestyle	11/12	28
29	BRW	13 & Up	200 Yard Freestyle	13 & Up	30
31	BRW	11/12	100 Yard Individual Medley	11/12	32
33	BRW	11/12	200 Yard Breaststroke	11/12	34
33	BRW	13 & Up	200 Yard Breaststroke	13 & Up	34
35	BRW	11/12	50 Yard Freestyle	11/12	36
37	BRW	13 & Up	50 Yard Freestyle	13 & Up	38
39	BRW	11/12	100 Yard Butterfly	11/12	40
41	BRW	13 & Up	100 Yard Butterfly	13 & Up	42
43	BRW	11/12	50 Yard Backstroke	11/12	44
45	BRW	13 & Up	200 Yard Backstroke	13 & Up	46
45	BRW	11/12	200 Yard Backstroke	11/12	46
47	Coach	13 & Up	200 Yard Freestyle Relay	13 & Up	48
49	Entered	11/12	200 Yard Freestyle Relay	11/12	50

10 Minute Break at the discretion of the Referee

51	BRW	13 & Up	400 Yard Individual Medley	13 & Up	52
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Swimmers in the 400 IM and 1650 Yard Freestyle must provide timers for 3 heats. 1650 Freestyle swimmers, their own lap counter.

Girls Sunday, November 8, 2009 9:00am Boys

No.	Division	Age	Event	Age	No.
53	BRW	10 & Under	200 Yard Freestyle	10 & Under	54
55	BRW	8 & Under	25 Yard Butterfly	8 & Under	56
57	BRW	10 & Under	100 Yard Butterfly	10 & Under	58
59	BRW	8 & Under	50 Yard Backstroke	8 & Under	60
61	BRW	10 & Under	100 Yard Backstroke	10 & Under	62
63	BRW	8 & Under	25 Yard Breaststroke	8 & Under	64
65	BRW	10 & Under	100 Yard Breaststroke	10 & Under	66
67	BRW	8 & Under	50 Yard Freestyle	8 & Under	68
69	BRW	10 & Under	50 Yard Freestyle	10 & Under	70
71	BRW	10 & Under	100 Yard Individual Medley	10 & Under	72
73	Coach	8 & Under	100 Yard Medley Relay	10 & Under	74
75	Entered	10 & Under	200 Yard Medley Relay	8 & Under	76

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77	BRW	11/12	200 Yard Individual Medley	11/12	78
79	BRW	13 & Up	200 Yard Individual Medley	13 & Up	80
81	BRW	11/12	100 Yard Breaststroke	11/12	82
83	BRW	13 & Up	100 Yard Breaststroke	13 & Up	84
85	BRW	11/12	100 Yard Freestyle	11/12	86
87	BRW	13 & Up	100 Yard Freestyle	13 & Up	88
89	BRW	11/12	50 Yard Butterfly	11/12	90
91	BRW	11/12	200 Yard Butterfly	11/12	92
91	BRW	13 & Up	200 Yard Butterfly	13 & Up	92
93	BRW	11/12	100 Yard Backstroke	11/12	94
95	BRW	13 & Up	100 Yard Backstroke	13 & Up	96
97	BRW	11/12	50 Yard Breaststroke	11/12	98
99	Coach	13 & Up	400 Yard Medley Relay	13 & Up	100
101	Entered	11/12	200 Yard Medley Relay	11/12	102

10 Minute Break at the discretion of the Referee

103	OPEN	21:32.10	1650 Yard Freestyle	21:51.50	104
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8 & Under swimmers may enter 8 & Under or 10 & Under events but not a combination. Relays will be swum time permitting.

The 400 IM and 1650 Freestyle will be swum fastest to slowest alternating girls and boys