



**Southern California Swimming
CIF UNATTACH FORM**



If you plan to compete in CIF, you must notify the Southern California Swimming Office that you will be UNATTACHED during the CIF Swim Season. It is your responsibility to enter USS meets unattached and to change your heat cards to UN.

I plan to participate in the 2005 CIF Swim Season beginning _____, ending _____, and will be **UNATTACHED** during this period.

Swimmer USA Swimming Reg. # _____

NO FEE

Submit form to: Southern California Swimming
P.O. Box 30530
Santa Barbara, CA 93130-0530

SCS V.9/04



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